

You Deserve it Carol!



You deserve the time and space to write! So do your future readers, who are counting on you to show up and produce the words that will make their lives

better! Your writing benefits you, which in turn benefits your family, and it benefits your entire community. Everyone should have time to play and create! Keep showing up!

Great Vision Laura!



You've replaced urgency with intent - a life-affirming choice! You have a clear vision of what your fiction and essays mean to you and what joys and satisfactions you want your writing to bring. You've identified the actions that will honor your intentions. You've already fulfilling your vision for 2008!

Way to Go Gordy!



You didn't let resistance get in the way of your writing (or your running)! Recognizing

resistance for what it is and deciding you're tired of letting it call the shots is an excellent way to reclaim your own motivation and momentum. You've been inspired by family members - keep using that to stay on track!

Great Experiment Katie!



You're doing a great job of experimenting with what practices serve you best as a musician, teacher and creative person! You're solidly committed to recording your best year yet. You're open to discovering other kinds of creative play you want to supplement or replace journaling. Keep experimenting - keep showing up!